

Tufts Health Plan Foundation Logic Model: Healthy Living with an Emphasis on Older Adults

Serving the Most Vulnerable Communities

Inputs

Community investments of time and resources; Foundation staff time and expertise; meaningful involvement from older adults; existing research; convening and collaborations; support from philanthropy; public/private partnerships

Systems and Best Practices

Health and Wellness Programs

Evidence-based/evidence-informed programs

Workforce Development

Skills training and job placement

Purposeful Engagement

Intergenerational, volunteer and related programs that address social isolation

Field/Capacity Building

Technical assistance and training; building nonprofit capacity; leveraging encore careers/paid service work to support nonprofits with healthy living focus; caregiver support

Policy and Advocacy

Community/Civic Engagement

Engaging diverse stakeholders in communities around issues related to healthy aging; supporting planning, policy and advocacy initiatives

Access

Transportation; information, public awareness and outreach

Foundation President's Leadership Fund

Supporting community leaders in their work with multiple stakeholders toward a common goal

Outputs

Improved health, strength and mobility of older adults increase independence

Increased caregiver knowledge and supports lead to better health

Improved civic and social participation and social support lead to better health and well-being

Accessible and affordable transportation increases civic and social participation and access to community and health services

Awareness, education and intergenerational programs lead to greater respect and social inclusion

Improved nonprofit capacity addresses community needs

Expanded best practices and scaled models lead to sustainability and inclusion of program participants

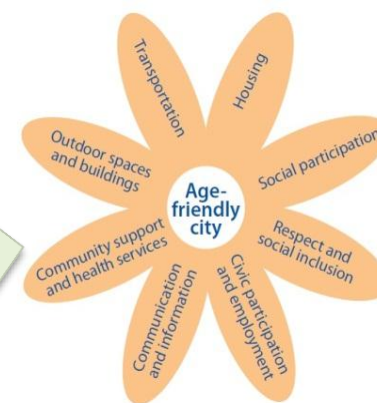
Improved policies/practices support healthy aging in communities

Convened, supported and expanded collaborations lead to systems/service improvement

Engaged stakeholders lead to improved well-being of communities and older adults

Impact

Healthy communities as defined by WHO age-friendly city framework



Footnote: WHO's age-friendly city domains